

# Coronavirus (Covid-19):

Welcome!

At this uncertain and worrying time, we are doing our best to protect our patients and our osteopaths. As a result, we regret that we are not seeing any patients until further notice, hence the clinics will be closed until further notice. However...

- If you have health concerns regarding the Coronavirus, please click [here](#) for the most recent government advice.
- Please follow government and NHS guidelines
  
- If you are self-isolating, please click [here](#) to access the mental health charity Mind which has a range of suggestions to assist with wellbeing whilst you are at home.
  
- If you have any musculoskeletal pain, joint pain, low back or neck pains,sciatica etc etc but no symptoms of Covid-19 (high temperature or new persistent cough), you are welcome to call us for FREE osteopathic advice.

**07850340644**

Our apologies for any inconvenience and wishing you well, Be safe and hopefully will see you in the not so distant future. Feel free to call or message.whats app etc and we will aim to assist in any way possible in such strained times. Thank you for your patience